On Wednesday 29 July, Ambarvale High School was lucky enough to host the first stop of the NSW Australian of the Year tour.

A group of our students were invited to be a part of the interactive audience where they eagerly awaited question time!

NSW Australian of the Year Ms Deborra-Lee Furness, 2014 NSW Local Hero - Reverend Graham Long, and NSW Young Australian of the Year Genevieve Clay-Smith all talked about their experiences in their fields of interest.

The event was hosted by Mr Corey Payne - a previous Young Australian of the Year.

The senior leaders enjoyed a lovely morning tea prepared by Mrs Itautoka and the Year 12 Hospitality class.

We were even lucky enough to have a segment on Nine news that evening.

It was a great privilege to be the only school in Sydney invited to be a part of this fantastic initiative!

On Friday 31 July our Year 11 students were involved in the program ‘U Turn The Wheel’.

Students were given useful and practical information about road safety, delivered by the NRMA, Campbelltown Police, Macarthur Motor Group and other volunteers who told their stories and experiences to prepare our students for the roads.

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Mr Spruce and Miss Power had the pleasure of attending the Outdoor Recreation camp at Cataract Scout Park with Year 11 Sport Coaching, Sport, Lifestyle and Recreation, as well as selected Year 9 students. Students had the opportunity to participate in a variety of activities including rock climbing, the giant swing, high ropes and challenge valley. The activities enabled students to challenge themselves in unfamiliar situations while allowing them to have fun and work on their communication and teamwork skills.

State X-Country

Joziah Dennis & Orestis Giannakis represented Sydney South West in the State Cross Carnival on Friday Week 1, 17 July.

Both boys ran the race competitively in the muddy and slippery conditions.

We are proud of the boys' efforts and we look forward to tracking their progress in the years to come. Well done boys!
**NRL Workshop**

On Monday 22 June and Wednesday 24 June a group of Year 7 and 8 students travelled into Sydney to attend an NRL workshop.

The workshop focused on developing the student’s skills around resilience, excellence, courage and teamwork.

They were lucky enough to spend the two days with Petreece and Dan (Junior NRL players) as well as the NRL Education officer Stacey.

The boys got to work with Mario Fenech (South Sydney / North Sydney / NSW / Australia league legend) and we were paid a special visit by Nathan Hindmarsh (Parramatta / NSW / Australian league legend).

Overall the boys behaviour and level of engagement was excellent and they represented themselves and their school with pride. Special thanks to Ms Wilson and Mr Qu for their help in running the event.

**Snow Camp**

- Winter came and so did Snow Camp...... Ambarvale Students hit the slopes between July 22-24.
- It was an amazing 3 days of fun in the snow.....and yes it actually snowed!!!
- Student learnt to ski and snow board and with lots of persistence became masters of the slopes while also displaying masterful skills in snowman building.

**Dr Karl**

On the 28 July, Dr Karl Kruszelnicki visited Ambarvale High School. He gave a very amusing presentation to 300 students.

Most of the students were from Ambarvale High School but there were also special guests from Rosemeadow Public School, St Helens Public School and Airds High School.

Dr Karl’s presentation comprised of the following topics:

- Computers
- Biology
- Medicine
- Vision
- Future of Science

Dr Karl was very active in signing books and taking photographs including ‘selfies’ and all the students there had a great time.

He was delighted with the school and we were delighted with him. He was funny and interesting and the students were engaged and involved.

**Coming Up!**

- TRREC Excursion Yrs 7,8,9  10 August
- TRREC Excursion Yrs 10,11,12  13 August
- HSC Industrial Tech. Marking  17 August
- Performance Night  19 August
- Year 11 Exams  9-18 September
- Year 12 Graduation  17 September